Foods for a Post Pandemic Future

Plant Based Boxes to help you get 2021 off to a Healthy and Nutritious Start

JAN 15th

Miso Soup with Smoked Kelp
Fresh Turmeric Scrambled Tofu
Cauliflower "Couscous"
Crispy Kale Chips with Magic Dust
Spicy Pickled Carrots
Yellow Lentils - Nepal Style
Heirloom Kiwis
Super Greens Juice

JAN 22nd

Summer Rolls with Thai Herbs
Grilled Broccolini with Garlic
Black Rice with Almonds
Coconut-Mushroom Curry
House Made Kimchi
Butter lettuce with Creamy Cashew- Goddess Dressing
Selection of Heirloom Oranges
Ginger-Turmeric-Honey-Mango Juice

JAN 29th

Brussel Sprouts with Zaatar
Smoked Shiitake -Daikon Broth
Sesame Brown Rice
Adzuki Beans
Avocado with Furikake
Spicy Sprout Salad
House Fermented Chile Salsa
Blue Corn Chips
Lemongrass Kombucha
Blueberry-Pomegranite-Ginger Juice

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